

PULASKI
K-12 Standards
Physical Education

- Standard A. Leading an Active Lifestyle**
- Students will achieve and maintain a physically active lifestyle.
- Standard B. Physical Skill Development**
- Students will demonstrate competency in many forms of movement and proficiency in some.
- Standard C. Learning Skills**
- Students will apply concepts and principles of movement to the learning and development of physical skills.
- Standard D. Understanding Physical Activity and Well Being**
- Students will understand that physical activity provides opportunities for enjoyment, challenge, self-expression, and social interaction.
- Standard E. Health-Enhancing Fitness**
- Students will understand the benefits of achieving and maintaining a health-enhancing level of physical fitness.
- Standard F. Respectful Behavior**
- Students will demonstrate responsible personal and social behavior in physical-activity settings.
- Standard G. Appreciation of Differences**
- Students will demonstrate an appreciation and respect for differences among people in physical-activity settings.